**Reducing Parental Conflict Training**

**Aim of the course**

Reducing parental conflict training is made up of four half-day modules:

**Module 1:** Understanding parental conflict and its impact on child outcomes

**Module 2:** Recognising and supporting parents in parental conflict

**Module 3:** Working with parents in parental conflict

**Module 4:**Parental conflict – the role of supervisors and managers.

**Overview of each Module:**

**Module 1:** Understanding Parental Conflict and it's Impact on Child Outcomes

By the end of this half-day introductory workshop, participants will be able to:

* Attain a raised awareness of the existing evidence base around parental conflict
* Achieve a good understanding of the impact of parental conflict on children’s outcomes
* Recognise the potential triggers for parental conflict gained from the evidence base
* Understand the stressors and triggers of parental conflict, including the possible outcomes such as the relationship between mental health and parental conflict.
* Achieve an understanding of the role of fathers/male carers in a child’s life.
* Gain an awareness of the Early Intervention Foundation (EIF) Resource Hub and the role of Reducing Parental Conflict Ambassadors and Integration Team.
* Reflect on how to apply the evidence base into areas of work – strategic or operational.

**Module 2:** Recognising and Supporting Parents in Parental Conflict

By the end of this half-day, skills-based workshop, participants will be able to:

* Recognise relationship distress at an early stage and when it is potentially damaging.
* Support couples experiencing parental conflict and be empowered to act, report or refer should domestic abuse be disclosed/identified.
* Revisit the stressors that may lead to parental conflict.
* Recognise the role of fathers / male carers in a child’s life and understand the importance of including co-parents in all forms of co-parenting couples.
* Build confidence and skills by using effective listening and questioning techniques to identify and discuss parental conflict triggers.
* Understand your role and responsibilities in discussing parental conflict with parents, to help frontline practitioners assist parents to understand the impact of parental conflict on their children.

**Module 3:** Working with Parents in Conflict.

By the end of this half-day, skills-based workshop, participants will be able to:

* Identify the level of conflict encountered and describe the most appropriate support to offer.
* Respond appropriately when parental conflict is identified.
* Practice how to approach conversations that may arise around distressed relationships.
* Know about the available local and national resources available to support parents whose relationship is in conflict.
* Help parents to engage with these services, by being able to describe what they do and what the evidence shows us about long term outcomes for children.
* Identify when to talk with your manager about possible domestic abuse and/or child safeguarding situations.

**Module 4:** Reducing Parental Conflict: The Role of Supervisors and Managers.

By the end of this half-day, skills-based workshop, participants will be able to:

* Support members of staff through the handling of parental conflict situations.
* Recognise the importance of maintaining a focus on reducing parental conflict.
* Apply the evidence-base to day to day interactions with parents.
* Utilise the tools from the toolkit to support frontline practitioners to work with parents in conflict.
* Use questioning to probe for further details where necessary.
* Handle supervisory discussions involving parental conflict cases.
* Advise staff members on the appropriate course of action appropriate to the situation.

There are three training options available to suit the needs of all organisations

**Training Option 1**

**Train the Trainer**

The train the trainer model can be for the majority of professionals, to ensure the training is embedded and can be shared within agencies for those unable to attend the 2 day training. The expectation is that those trained can share their skills and knowledge to others in their agency, either through running additional training sessions, team meetings or through wider groups which can promote the message etc.

The expectation would be that you commit to delivering the various modules within your own organisation however fits best with your delivery models.

Due to Covid-19 and the pause on delivering face to face training – Knowledgpool are offering training via a Virtual Learning Environment (VLE) using the platform Adobe Connect. There are some further details attached with regards to this.

**Modules 1, 2, 3, & 4 – Train the trainer**

**Delivered over 4 consecutive days using the VLE**

To provide an awareness for front line practitioners, senior leaders, and service designers or commissioners who can play a part in reducing parental conflict.

For front line workers and volunteers who may be ideally placed to assess parents relationships and intervene at the earliest level.

For those who manage front line practitioners with close relationships with parents. To support those who can influence the reduction in parental conflict.

**Training dates:**

29th September 2020 – 13:00 to 16:30

30th September 2020 – 13:00 to 16:30

1st October 2020 – 13:00 to 16:30

2nd October – 13:00 to 16:30

**Please email** [**ehblocalitysupport@cheshireeast.gov.uk**](mailto:ehblocalitysupport@cheshireeast.gov.uk) **with the number of how many staff you would like trained**

**Training Option 2**

All modules 1-4 are available as VLE sessions supported by access to E-learning for the other 3 modules

You choose which modules your staff need to complete, they can do all four, just one or any combination of the four.

**Training Dates: - to be confirmed**

Please email [ehblocalitysupport@cheshireeast.gov.uk](mailto:ehblocalitysupport@cheshireeast.gov.uk) with the number of how many staff you would like trained in which modules

**Training Option 3**

E-Learning Modules 1-4

Online training that guides you through the materials and content of the above courses

The licence and Log in details once made available will be active for 6 months from initial log in date.

Please email [ehblocalitysupport@cheshireeast.gov.uk](mailto:ehblocalitysupport@cheshireeast.gov.uk) with the number of licences you require.